



# 10 ESSENTIAL SPELLS

*For the Beginning Witch*

Simple, powerful spells for protection, prosperity, love, clarity, and more. Complete with timing, ingredients, and step-by-step instructions.

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## BEFORE YOU BEGIN

These spells are designed for beginners and require only common, accessible ingredients. Before casting any spell:

- **Ground and center** — Take deep breaths, connect to the earth
- **Clear your space** — Physically and energetically
- **Set clear intention** — Know exactly what you want
- **Believe in your power** — You are the source of the magic
- **Take practical action** — Magic works with effort, not instead of it

**Substitutions:** If you don't have a specific ingredient, use rosemary (all-purpose herb), clear quartz (all-purpose crystal), or white candles (all-purpose color).

## 1. SIMPLE PROTECTION SPELL

🕒 Time: 15 minutes

🌙 Best Moon: Any (waning for banishing, full for power)

📅 Best Day: Tuesday or Saturday

Create a protective shield around yourself or your home using this simple but powerful spell.

### YOU'LL NEED:

- Black candle (or white)
- Salt (sea salt or table salt)
- Rosemary (dried or fresh)
- Black tourmaline or obsidian (optional)

### STEPS:

1. Create a circle of salt around your candle, large enough to work within.
2. Place the rosemary at the base of the candle.
3. If using a crystal, place it in front of the candle.
4. Light the candle and say the incantation three times.
5. Visualize a shield of white or golden light surrounding you/your space.
6. Let the candle burn for at least 15 minutes (or completely if small).
7. Sprinkle remaining salt at doorways and windows.

*"By earth and fire, salt and flame,  
I call protection in my name.  
No harm may enter, none may stay,  
All negativity is turned away.  
This space is safe, this space is blessed,  
Within this shield, I am protected."*

**Tip:** Refresh this protection monthly, especially at the full moon. Keep the crystal near your front door for ongoing protection.

## 2. PROSPERITY CANDLE SPELL

🕒 Time: 20 minutes

🌙 Best Moon: Waxing to Full

📅 Best Day: Thursday or Sunday

Attract abundance and financial opportunities with this classic prosperity spell.

### YOU'LL NEED:

- Green candle (or gold/yellow)
- Cinnamon (ground or stick)
- Bay leaf
- Pen
- Citrine or green aventurine (optional)
- Coin

### STEPS:

1. Write your specific financial intention on the bay leaf.
2. Anoint the candle with a drop of oil or water, rolling it in cinnamon.
3. Place the coin at the base of the candle, bay leaf underneath.
4. Light the candle and focus on your intention.
5. Visualize money flowing to you easily and ethically.
6. Speak the incantation with conviction.
7. Let the candle burn completely if possible.
8. Carry the coin in your wallet until the money manifests.

*"Abundance flows to me with ease,  
Prosperity comes as I please.  
Money grows like leaves on trees,  
My wealth increases by degrees.  
Doors of opportunity open wide,  
Financial blessings at my side."*

**Tip:** After casting, take practical action—apply for jobs, ask for raises, start side projects. Magic works best alongside effort.

### 3. SELF-LOVE RITUAL

🕒 Time: 30 minutes

🌙 Best Moon: Full Moon or Friday

📅 Best Day: Friday (Venus day)

Nurture love and acceptance for yourself with this gentle but transformative ritual.

#### YOU'LL NEED:

- Pink candle
- Rose petals (fresh or dried) or rose water
- Mirror
- Rose quartz (optional)
- Journal and pen

#### STEPS:

1. Create a peaceful space—dim lights, soft music if desired.
2. Arrange rose petals around the candle and mirror.
3. Light the candle and hold the rose quartz if using.
4. Look into your own eyes in the mirror.
5. Speak the incantation slowly, with meaning.
6. Write three things you appreciate about yourself in your journal.
7. Sit with the candle, sending love to yourself.

*"I am worthy of love and care,  
I release all shame I bear.  
I embrace my flaws, I honor my light,  
I am enough, exactly as I am tonight.  
Self-love flows through every part of me,  
I accept myself completely, blessed be."*

**Tip:** Repeat weekly or whenever you need a self-love boost. Keep the rose quartz with you as a reminder of your worth.

## 4. CLARITY & DECISION SPELL

🕒 Time: 15 minutes

🌙 Best Moon: First Quarter

📅 Best Day: Wednesday

Clear mental fog and gain insight when facing difficult decisions.

### YOU'LL NEED:

- Yellow or white candle
- Rosemary
- Paper and pen
- Clear quartz or fluorite (optional)

### STEPS:

1. Write your question or decision clearly on the paper.
2. Place the paper under the candle holder.
3. Sprinkle rosemary around the candle.
4. Light the candle and focus on your question.
5. Speak the incantation.
6. Sit quietly and pay attention to thoughts, feelings, or images that arise.
7. Journal any insights before extinguishing the candle.

*"Fog of confusion, fade away,  
Bring me clarity today.  
Show me the path I need to see,  
Reveal the truth, so mote it be.  
My mind is clear, my vision bright,  
Understanding comes to light."*

**Tip:** Pay attention to dreams after this spell—answers often come during sleep. Keep the paper under your pillow overnight.

## 5. PEACEFUL SLEEP SACHET

🕒 Time: 20 minutes

🌙 Best Moon: Any

📅 Best Day: Monday

Create a magical sachet to promote restful sleep and peaceful dreams.

### YOU'LL NEED:

- Small fabric pouch (blue, lavender, or white)
- Lavender (dried)
- Chamomile (dried)
- Mugwort (small pinch—for dreams)
- Amethyst chip (optional)
- Blue or white ribbon

### STEPS:

1. Combine the herbs in the pouch, adding each with intention.
2. As you add lavender: "For peaceful rest."
3. As you add chamomile: "For calm and ease."
4. As you add mugwort: "For meaningful dreams."
5. Add the amethyst if using.
6. Tie the pouch closed with the ribbon.
7. Hold it and speak the incantation.
8. Place under your pillow or beside your bed.

*"Herbs of peace and herbs of dreams,  
Quiet my mind, or so it seems.  
Grant me rest throughout the night,  
Peaceful sleep until morning light.  
Sweet dreams come, nightmares stay away,  
I wake refreshed to greet the day."*



**Tip:** Refresh the sachet monthly by adding a drop of lavender essential oil or replacing the herbs. Recharge under the full moon.

## 6. NEW MOON INTENTION SETTING

🕒 Time: 20 minutes

🌙 Best Moon: New Moon (essential)

📅 Best Day: Any new moon

Harness the new moon's energy to plant seeds for what you want to manifest.

### YOU'LL NEED:

- Black or white candle
- Paper and pen
- Small pot of soil or outdoor earth
- Seeds (literal or symbolic)

### STEPS:

1. Light your candle in a dark room to honor the new moon's darkness.
2. Write your intentions for the coming lunar cycle (be specific).
3. Read them aloud by candlelight.
4. Speak the incantation.
5. Fold the paper small and bury it in the soil with the seeds.
6. Water the soil, visualizing your intentions growing.

*"Dark moon, new moon, time to begin,  
I plant these seeds, both without and within.  
As the moon grows, so too shall these,  
My intentions manifest with ease.  
By the full moon's light, let them bloom,  
New beginnings, dispelling gloom."*

**Tip:** Review your intentions at the full moon (two weeks later) to check progress. Keep tending those seeds!

## 7. FULL MOON MANIFESTATION

🕒 Time: 30 minutes

🌙 Best Moon: Full Moon (essential)

📅 Best Day: Any full moon

Tap into the full moon's peak power to charge your manifestations with lunar energy.

### YOU'LL NEED:

- White or silver candle
- Bowl of water
- Moonstone or clear quartz (optional)
- Something representing your goal (photo, written word, symbol)

### STEPS:

1. Set up outdoors under the moon if possible, or by a window.
2. Fill the bowl with water, letting it reflect the moonlight.
3. Light your candle and place your representation nearby.
4. Gaze at the moon (or its reflection in the water).
5. Speak your manifestation as if it's already true: "I am... I have..."
6. Say the incantation.
7. Leave the water out overnight to become "moon water."

*"Full moon bright, shining above,  
Bless my wishes with your love.  
At your peak, I call to thee,  
Bring manifestation unto me.  
What I envision now takes form,  
My desires made real, bright and warm."*

**Tip:** Use the moon water in future spells, to anoint candles, or add to your bath for lunar blessings.

## 8. BANISHING NEGATIVITY

🕒 Time: 20 minutes

🌙 Best Moon: Waning to Dark Moon

📅 Best Day: Saturday

Release and banish negative energy, bad habits, or unwanted influences from your life.

### YOU'LL NEED:

- Black candle
- Paper and pen (black ink if possible)
- Fire-safe dish
- Salt
- Black tourmaline or obsidian (optional)

### STEPS:

1. Write what you're banishing on the paper. Be specific.
2. Draw a big X through your words.
3. Light the black candle.
4. Read what you've written, then say: "I release you. You have no power over me."
5. Light the paper from the candle and drop into the fire-safe dish.
6. Speak the incantation as it burns.
7. Sprinkle salt over the ashes to neutralize the energy.
8. Dispose of ashes away from your home (trash outside, running water).

*"What was bound is now released,  
What brought harm has fully ceased.  
Negativity, I banish thee,  
Your hold on me, I now break free.  
By fire's light and salt's pure power,  
I reclaim my life this very hour."*

**Tip:** Follow up with a cleansing bath or smudge your space afterward. Fill the void left by banishing with something positive.

## 9. HEALING LIGHT SPELL

🕒 Time: 15 minutes

🌙 Best Moon: Full or Waxing

📅 Best Day: Sunday or Wednesday

Send healing energy to yourself or another (with permission) for physical or emotional healing.

### YOU'LL NEED:

- Blue or white candle
- Clear quartz
- Photo or name of person (if healing someone else)
- Lavender or eucalyptus

### STEPS:

1. Light the candle and place the crystal in front of it.
2. If healing yourself, place your hands over your heart.
3. If healing another, hold their photo or focus on their name.
4. Visualize warm, healing white or blue light surrounding the person.
5. See the light entering any areas of pain or illness.
6. Speak the incantation.
7. Hold the visualization as long as feels right.

*"Healing light, pure and bright,  
Flow through [name/me] this very night.  
Where there is pain, bring relief,  
Where there is illness, bring ease from grief.  
Body, mind, and spirit heal,  
Let wellness be what [they/I] now feel."*

**Tip:** This spell supports—but doesn't replace—medical care. Always seek appropriate professional help for health concerns.

## 10. GRATITUDE BLESSING

🕒 Time: 10 minutes

🌙 Best Moon: Any

📅 Best Day: Any (Thursday is ideal)

Amplify abundance by honoring what you already have. Gratitude is one of the most powerful magical practices.

### YOU'LL NEED:

- Gold, yellow, or white candle
- Journal or paper
- Pen
- Optional: Flowers, fruit, or other offerings

### STEPS:

1. Light your candle.
2. Write a list of at least 10 things you're grateful for.
3. Read each one aloud, pausing to truly feel the gratitude.
4. After the list, speak the incantation.
5. Place your hands over your heart.
6. Sit with the feeling of abundance for several minutes.
7. Blow out the candle with a kiss of thanks.

*"For all I have, I give my thanks,  
For blessings filling up my banks.  
Gratitude flows from my heart,  
Of abundance, I am a part.  
The more I thank, the more I receive,  
In the power of gratitude, I believe."*

**Tip:** Make this a daily practice. A gratitude spell performed each morning or evening creates powerful positive momentum in your life.

